



Club Championships 2025

Notice to Adult Open Solo Free Dance

VENUE:

Paradise Ice Arena, Botany

DATE:

Saturday 2nd August	6.30 am – 8.45 am
Saturday 2nd August	4.45 pm – 8.15 pm
Sunday 3rd August	4.15 pm – 9 pm

ENTRIES CLOSE:

Monday 21st of July 2025

or when the schedule is full (whichever occurs first).

Any entry and/or payment not received by the closing date will be subjected to an additional late entry fee of \$40.

DRAW DATE:

Wednesday 23rd July 2025

No entries will be accepted after the draw has been made.

As per NZIFSA rule 213, the draw for the starting order will be randomly computer generated and will be put up on the NZIFSA website at least 24hrs prior to the start of the competition. For those events where there is more than one segment, the skater's order shall be reverse of the competitors' placements from the first segment.

Grade:

Adult Open Solo Free Dance

General Notes:

- This open grade will not be divided by skill level or age brackets, and men and women will compete and be judged together. The results will be determined by majority opinion of the judges, taking into account the technical and artistic aspects of the performance.
- All entrants must be club members of a NZIFSA affiliated club.
- Please see the official 'Announcement' and 'Entry Form' for details on the competition, including entry fees and closing date.

Adult Open Solo Free Dance Requirements

- Free Skating Programme to a 1:40 minute piece of music of your own choice and may contain vocals.
- **Edge Element** – At least one (1) short edge element, but no more than 2. The edge element must be held in position for a minimum of three seconds and cannot exceed seven seconds.
- **Spin** – One (1) Dance Spin
 - Dance Spin – A spin to be performed on the spot on one foot with or without change(s) of foot by the skater. Flying Spins or Flying Entries are illegal elements.
- **Step Sequence** – One (1) step sequence from the following list:
 - Circular, midline or diagonal.
 - The step sequence must fully utilize the ice surface and should include a variety of steps and turns such as include three-turns, mohawks and brackets as examples.
 - Not permitted elements: Stops, pattern regressions, loops and jumps of more than one-half rotation, dance spins, and pirouettes.
- **Twizzle** – One (1) Twizzle.
 - Twizzle on one foot or two feet is required.
- **Choreographic Character Step** – Must be placed around short axis and proceed from barrier to barrier. Must commence with a full stop (or opening pose) at one barrier or the other. Maybe performed at any point in the program.
- **Short Edge Element**
 - A Short Edge Element is a movement where the skater must maintain a continuous sustained edge in any selected position.
 - A Short Edge Element must be sustained in position for at least three (3) seconds and not more than seven (7) seconds. The primary focus is on the quality of edge, and the secondary focus is on the position attained.
 - Short Edge Elements include the following example types below:
 - Spirals, in varied positions or an Attitude
 - Crouch, in varied positions ie; one leg extended to the side, back or front, on or off the ice
 - Spread eagle
 - Ina Bauer
 - Hydroblade movements
- **Solo Dance Spin** – Spin with or without any change of foot.
 - Sit Position - Performed on one foot with skating leg bent in a one-legged crouch position and free leg forward, to the side or back.
 - Spin - A spin performed on the spot around a central axis on one foot. i.e. a Camel spin
 - Upright Position - Performed on one foot with skating leg straight or slightly bent and upper body upright (on a nearly vertical axis), arched back or bent to the side.
- **Illegal Elements and Movements:**
 - Jumps of more than one-half (1/2) revolution
 - Two or more consecutive 1/2 revolution jumps
 - Split Jumps with a toe assisted take off. (A Ballet Jump where the skater takes off and lands on the same toe with no rotation will be considered a hop and not a split jump.)
 - Split Jumps with an edge take off where the legs are spread equal to or more than 90 degrees. Such as, but not limited to a Falling Leaf.
 - Illusions
 - Lying on the ice and / or stationary kneeling on both knees on the ice.
 - Somersault type jumps
 - Props may not be used in any part of the programme.

- Judging will take into account technical execution and presentation (artistic) aspects of the skater's performance. Please ask your coach if you want to compete but are unsure of the grade to enter.

- All entries shall be done online via the competitions page on the NZIFSA website using this link: [NZIFSA: Competitions](#)
- Payment of entry fees are to be deposited directly into the Allegro Ice Dance Club bank account Kiwibank 38 9002 0262718 00 via online banking. You must quote the skater's name and 'Club Champs' as a reference when making your deposit and payment should be made on day entry form submitted.
- Allegro Ice Dance Club will not be accepting any cash or cheques.
- ALL skate school participants and their families are invited to come along to the competition and watch, even if they are not skating themselves. Entry is \$5 per person, under 5's are free.
- A Video permit is required if anyone wishes to video their skater and must be completed at the door at the point of entry.

COMPETITION ORGANISER –

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